



# RHYTHM

VOLLEYBALL  ACADEMY

## 2024-2025 Coach Bio

**Name:** Joy Allen

**Professional Background:**

I teach middle school Literature and coach Volleyball at Providence Christian Academy. I taught and coached in Williamson County for 2 years.

**Education:**

Masters degree in education

**Coaching History:**

College Coaching 3 years

HS coaching 3 years

MS coaching 5 years

club coaching 10+

**Play Experience/Accomplishments:**

HS - 4 years College - All State in High school

Carson Newman College and ending at Montreat College

**Coaching Style:**

Encouraging and motivating players to empower them to perform their best.

My focus is on teaching them to think about the game, and not just perform the skills.

**Coaching Philosophy:**

Volleyball is the ultimate team sport, where success hinges on players working together and supporting each other's strengths. I love teaching players how to leverage their unique abilities to complement their teammates, enhancing both individual and team performance. This approach prepares them for real-life challenges in school, the workforce, and at home. My goal is to help players grow as both athletes and individuals who can positively contribute to any team.

**Top Volleyball Highlights:**

State Runner up as a player

2 state championships as an assistant coach

2 state runner ups as an assistant coach